

PODIUMS : 78 Participants

| PODIUM 10 km Homme (28) | PODIUM 10 km Femme (12) |
|------------------------------------|--------------------------------|
| 1. 00:45:53 VIDALINC Dominique | 1. 00:54:43 VIDALINC Celia |
| 2. 00:50:22 AURIACOMBE Pierre Loup | 2. 00:55:41 AURIACOMBE Ophelie |
| 3. 00:51:22 LAFRAGETTE Arnaud | 3. 00:58:36 ROUSSIES Valerie |

| PODIUM 20 km Homme (26) | PODIUM 20 km Femme (1) |
|----------------------------|------------------------------|
| 1. 01:14:10 RICHI Abdellah | 1. 02:20:54 MAZIERES Pauline |
| 2. 01:15:18 GAZAL Cedric | 2. ./. |
| 3. 01:30:11 SANTOS Cyrille | 3. ./. |

| PODIUM 5 km Homme (8) | PODIUM 5 km Femme (3) |
|-----------------------------|-------------------------------|
| 1. 00:21:21 LOUDES Mickael | 1. 00:36:45 LABROUSSE Joelle |
| 2. 00:21:59 SIMON Sebastien | 2. 00:37:26 BANDERIER Monique |
| 3. 00:22:23 ROVINI Steve | 3. 00:43:43 CHARMES Karine |